

Further Resources from Dr. Lenwood Hayman

Radical Love as a Public Health Initiative: 3rd Annual Arthur Zajonc Lecture

https://www.youtube.com/watch?v=Q_w3_QC5Sbo

Ron Bell in conversation with Lenwood Hayman: 2021 ACMHE Conference Keynote

<https://www.youtube.com/watch?v=DztrGoXsiqQ>

Mirabai Bush – Walking Each Other Home – Ep. 4 – Radical Self-Love with Dr. Lenwood W. Hayman, Jr.

<https://www.youtube.com/watch?v=l3rRrqMVaOY>

Health, Mental Health, Trauma-Informed Pedagogy - Racial Justice Dialogues, Oct. 14, 2020

<https://www.youtube.com/watch?v=NYTxARHOALw>

Cultivating Compassionate Teaching During the Coronavirus: Friday, April 3rd

<https://www.youtube.com/watch?v=nW6jgUC6WzE>

Son, Monika L.; Diaz-Mendoza, Virginia; Alford, Schevaletta; King-Toler, Erica; Cuesta, Gabrielle; and Hayman, Lenwood (2022) "Echoing: A Practice of Liberation through Transformative Education," *Journal of Contemplative Inquiry*: Vol. 9: No. 1, Article 21. Available at: <https://digscholarship.unco.edu/joci/vol9/iss1/21>

Refereed Journal Articles

Hayman, L. W., Jr., Jong, H., Miller, A., & Lumeng, J. C. (2014). Low-income women's conceptualizations of emotional- and stress-eating in themselves and their preschool-aged children. *Appetite*, 83, 269-276.

Hayman, L. W., Jr., Lucas, T., & Porcerelli, J. (2014). Cognitive appraisal versus exposure-based stress measures: Links to physical and mental health in low income Black women. *Journal of Nervous and Mental Disease*, 202 (11), 807-812.

Hayman, L. W., Jr., McIntyre, R., & Abbey, A. (2014). The bad taste of social exclusion: The effects of ostracism on the eating behaviors of African American women. *Psychology & Health*, 30 (5), 518-533.

Kodjebacheva, G., Blankenship, J., Hayman, L. W., Jr., & Parker, S. (2016). Demographic differences and annual trends in childhood and adolescent cancer incidence and mortality in Michigan during the period 1999-2012. *Journal of Health Disparities Research and Practice*, 9 (4), Article 14. DOI: <http://digitalscholarship.unlv.edu/jhdrp/vol9/iss4/14>

Lucas, T., Hayman, L. W., Jr., Blessman, J., Azabigi, K., & Novak, J. (2016). Gain versus loss-framed messaging and colorectal cancer screening among African-Americans: Perceived

racism, racial identity, and culturally-targeted dual messaging. *British Journal of Health Psychology*, 21, 249-267. DOI: 10.1111/bjhp.12160.

Lucas, T., Manning, M., Hayman, L.W., & Blessman, J. (2018). Targeting and tailoring message-framing: The moderating effect of racial identity on receptivity to colorectal cancer screening among African Americans. *Journal of Behavioral Medicine*, 41 (6), 747-756. DOI: <https://doi.org/10.1007/s10865-018-9933-8>.

Malika, N., Hayman, L. W., Jr., Miller, A., & Lumeng, J.C. (2015). Low-income women's conceptualizations of food craving and food addiction in themselves and their preschool-aged children. *Eating Behaviors*, 18, 25-29.

Refereed Book Chapter

Mendieta, M., Hayman, L.W., Farag, M., Szafron, M., & Buckingham, R.W. (2016). Emerging and exciting opportunities in public health in the 21st Century. In *Public Health for the Curious: Why Study Public Health?* Canberra, Australia: The Curious Academic Publishing.

Working Manuscripts

Hayman, L. W., Jr. (In progress). Peaceful protest as a contemplative practice to cope with the cognitive dissonance associated with embodied vicarious experiences of trauma.

Hayman, L. W., Jr. (In progress). Radical love as a public health initiative: Enhancing social cohesion to reduce violence in marginalized communities.